PS7 Elementary School Menu

September 2017





Monday	Tuesday	Wednesday	Thursday	Friday
	p T	Choose My Plate gov		1
4	5	6	7	8
HAPPY LABOR DAY! No School	Teriyaki Chicken Nuggets	Shredded Cheddar Nachos	Mothers Meatloaf	Pizza Day!
	Veggie Rice	Carrot and Celery sticks	Mashed Potatoes	Pepperoni Pizza
				Salad Bar
11	12	13	14	15
Roasted Turkey	Buffalo Chicken	Hot Dog	Shredded Cheddar Nachos	Pizza Day!
Mashed Potatoes	Garden Salad	Baked fries	Carrot and Celery sticks	Three Cheese Pizza
				Salad Bar
`18	19	20	21	22
10	19	20	21	22
House Made	Crispy BBQ Chicken	Pizza Day!	Bacon Cheddar Burger	Penne W/ Italian Meat sauce
Macaroni and Cheese	Mashed Potatoes	Three Cheese Pizza		
Carrot and Celery Sticks	Garden Salad	Salad Bar	Baked Fries	Garlic Toast
25	26	27	28	29
Sweet and Sour Chicken	Meatballs in Zesty Marinara	Bean and Cheese Burrito	Spicy Chicken Sandwich	BBQ Rib Sandwich
Sesame Brown Rice	Garlic Mash Potatoes	Mexican Style Beans	Baked fries	Carrot and Celery Sticks

Meal Prices		*You may qualify for free or reduced price meals.		
Breakfat	Lunch	Applications are available at all schools and the district office.		
Student Prices \$1.50 Paid \$0.30 Reduced*	Student Prices \$2.65 Paid \$0.40 Reduced*	Some menu items may change due to availability of products. Low-fat milk is served with every breakfast and lunch		
Adult Price \$2.00	Adult Price \$3.99	Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916-649-7844		