

PS7 Elementary School Menu

October 2019

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ST+HOPE
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Bagel with cream cheese Fresh Fruit	Muffin & Yogurt Fresh Fruit		
	Sack Lunch	Sack Lunch	<i>No School</i>	<i>No School</i>
7	8	9	10	11
<i>No School</i>	<i>FALL</i>	<i>No School</i>	<i>BREAK</i>	<i>No School</i>
14	15	16	17	18
	Cinnamon Rush French Toast Fresh Fruit	Breakfast Burrito Fresh Fruit	Biscuit Egg Fresh Fruit	Muffin Yogurt Fresh Fruit
<i>No School</i>	Chicken Sandwich Green Beans	Corndog Baked fries	Shredded Cheddar Nachos Side Salad	Pepperoni Pizza Salad Bar
21	22	23	24	25
Bagel Cream cheese	Pancake & Sausage on a stick	Sausage Biscuit Fresh Fruit	Cinnamon Rush French Toast	Maple Burst Pancake Fresh Fruit
Macaroni and Cheese Carrot and Celery Sticks	Beef Burrito Mexican Style Beans	Turkey & Cheese Sandwich Pretzels	Chicken Strips Roasted Corn	Pepperoni Pizza Salad Bar
28	29	30	31	
Muffin Yogurt	Breakfast Pizza	Bagel Cream cheese	Breakfast Burrito	
Teriyaki Chicken Sesame Brown Rice	Cheese Burger Baked Fries	Cheese Quesadilla Side Salad	Mini Corndogs Carrot Sticks	

		<p>Some menu items may change due to availability of products. Low-fat milk is served with every breakfast and lunch</p> <p>Questions, concerns or feedback: Please call Director of Dining Services Cathy Renner at 916-649-7844</p>
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This institution is an equal opportunity provider.