




PS7 Elementary School

October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Pancake with Syrup Burst Fresh Fruit Lunch BBQ Rib Sandwich Roasted Corn	2 Breakfast French Toast Fresh Fruit Lunch Sack Lunch	3 Breakfast Muffin & Yogurt Fresh Fruit Lunch Sack Lunch	4 NO SCHOOL	5 NO SCHOOL
8 NO SCHOOL	9 NO SCHOOL	10 NO SCHOOL	11 NO SCHOOL	12 NO SCHOOL
15 NO SCHOOL	16 Breakfast Bagel with Cream Cheese Fresh Fruit Lunch Cheese Burger Green Beans	17 Breakfast Sausage Biscuit Fresh Fruit Lunch Pizza Green Salad	18 Breakfast Breakfast Pizza Fresh Fruit Lunch BBQ Rib Sandwich Baked fries	19 Breakfast French Toast Fresh Fruit Lunch Chicken Strips Roasted Corn
22 Breakfast Pancake with Syrup Burst Fresh Fruit Lunch Breaded Chicken Sandwich Apple Sauce	23 Breakfast Bagel with Sausage and Cheese Fresh Fruit Lunch Popcorn Chicken Carrot Sticks	24 Breakfast Egg Biscuit Fresh Fruit Lunch Pizza Green Salad	25 Breakfast Muffin & Yogurt Fresh Fruit Lunch Mini Corn Dogs Baked fries	26 Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch BBQ Rib Sandwich Green Beans
29 Breakfast Sausage Biscuit Fresh Fruit Lunch Breaded Chicken Sandwich Vegetable Medley	30 Breakfast Bagel with Cream Cheese Fresh Fruit Lunch Cheese Burger Baked fries	31 Breakfast Pancake & Sausage on a Stick HAPPY HALLOWEEN  Lunch Pizza Green Salad		

Meal Prices	Menu
<p>St. HOPE Public Schools is participating in the Community Eligibility Provision for its meals program during the 2018-19 school year.</p> <p>This means St. HOPE is able to provide one free breakfast and one free lunch to each enrolled student in attendance during designated meal times each school day as part of the School Breakfast Program and National School Lunch Program.</p> <p>There is no need for families to apply for this program. Every enrolled student qualifies.</p> <p>Non-student pricing is \$2.00 for breakfast, and \$3.99 for lunch.</p>	<p>Some menu items may change due to availability of products.</p> <p>Low-fat milk is served with every breakfast and lunch</p> <p>Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916-649-7844</p>

This institution is an equal opportunity provider.