



PS7 Elementary School

November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast Cinni Rush French Toast Fresh Fruit Lunch Grilled Cheese Baked fries	Breakfast Whole Wheat Bagel with Cream Cheese Fresh Fruit Lunch BBQ Rib Sandwich Roasted Corn	Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar
	6	7	8	9
Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Spicy Chicken Sandwich Green Beans	Breakfast Cinni Rush French Toast Fresh Fruit Lunch Beef Burrito Mexican Style Beans	Breakfast Breakfast Pizza Fresh Fruit Lunch Grilled Turkey and Cheese Baked Fries	Breakfast Whole Wheat Bagel with Egg and Cheese Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar	<i>No School</i>
13	14	15	16	17
Breakfast Cinni Rush French Toast Fresh Fruit Lunch Cheese Burger Baked Fries	Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch BBQ Chicken Green Beans	Breakfast Breakfast Pizza Fresh Fruit Lunch Hot Dog Carrot and Celery Sticks	Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Shredded Cheddar Nachos Side Salad	Breakfast Sausage Biscuit Fresh Fruit Lunch Sack Lunch
20	21	22	23	24
<i>No School</i>	<i>No School</i>	<i>No School</i>	<i>No School</i>	<i>No School</i>
27	28	29	30	
Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch Teriyaki Chicken Vegetable Brown Rice	Breakfast Sausage Biscuit Fresh Fruit Lunch Cheese Burger Baked Fries	Breakfast Whole Wheat Bagel with Egg and Cheese Fresh Fruit Lunch Macaroni and Cheese Carrot and Celery Sticks	Breakfast Breakfast Pizza Fresh Fruit Lunch Corn Dog Baked beans	

Meal Prices		
Breakfast Student Prices \$1.50 Paid \$0.30 Reduced* Adult Price \$2.00	Lunch Student Prices \$2.65 Paid \$0.40 Reduced* Adult Price \$3.99	<p style="text-align: center;">*You may qualify for free or reduced price meals. Applications are available at all schools and the district office.</p> <p style="text-align: center;">Some menu items may change due to availability of products. Low-fat milk is served with every breakfast and lunch</p> <p style="text-align: center;">Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916-649-7844</p>

This institution is an equal opportunity provider.