

Comfort Foods (Line B)

BREAKFAST	1	2	3	4
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Beef Enchiladas Cilantro Brown Rice	Pizza Day! Pepperoni Cheese	Broccoli Beef Vegetable Rice	Sloppy Joe Peas and Carrots
7	8	9	10	11
BBQ Chicken Mashed Potato Wheat Roll	Beef Chili Cornbread	Pizza Day! Pepperoni Cheese	Cheeseburger Mac and Cheese Garlic Cheese Bread	Loaded Tots Wheat Roll
14	15	16	17	18
Steak and Cheese Burrito Fiesta Beans	Teriyaki Chicken Vegetable Rice	Pizza Day! Pepperoni Cheese	Chicken Tortilla Soup Toasted Flat Bread	Sack Lunch
21	22	23	24	25
Orange Chicken Stir Fry Vegetables Wheat Roll	Street Tacos Cilantro Brown Rice	Pizza Day! Pepperoni Cheese	BBQ Chicken Baked Beans	Chicken Pot Pie Green Salad
28	29	30	31	LUNCH
NO SCHOOL	Carnitas Tostada Cilantro Brown Rice	Pizza Day! Pepperoni Cheese	Homestyle Bowl Chicken & Mashed Potato	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99

Grill Options (Line A)

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Cheese Burger Daily Side Salad Bar	BBQ Chicken Sandwich Daily Side Salad Bar	Pizza Day! Salad Bar	Hot Dog Daily Side Salad Bar	BBQ Rib Daily Side Salad Bar

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches
Turkey & Cheese
Ham & Cheese
Tuna Sandwich

Wraps: Rotating Selection
Chicken Wrap
Deli Wrap
Turkey Wrap



Daily Salad Bar & Condiments

Monday Carrots, Diced Fruit
Tuesday Jicama, Kale, Fruit
Wednesday Tomato & Cucumber, Salad
Thursday Beets, Potato Salad
Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Chicken Caesar Salad
Tuesday Chicken Caesar Salad
Wednesday Chopped Chicken Salad
Thursday Ham & Turkey Chef Salad
Friday Chicken Caesar Salad




*You may qualify for free or reduced-price meals. Applications are available at all schools and the district office.
Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products.
USDA and this institution are equal opportunity providers.

Questions, concerns or feedback, please call:
Director of Dining Services, Nick Dramis
916.649.7844

Breakfast

	1	2	3	4	BREAKFAST Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00
	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Breakfast Pizza	Build Your Own Oatmeal Bar Breakfast Burrito	Build Your Own Oatmeal Bar Sausage & Cheese Bagel	
7	8	9	10	11	LUNCH Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99
Build Your Own Oatmeal Bar Cheese Omelet	Build Your Own Oatmeal Bar Cinni Rush French Toast	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Biscuit & Hash Brown	Build Your Own Oatmeal Bar Sausage & Cheese Bagel	
14	15	16	17	18	
Build Your Own Oatmeal Bar Cinni Rush French Toast	Build Your Own Oatmeal Bar Pancakes with Syrup Burst	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Biscuit & Hash Brown	Build Your Own Oatmeal Bar Breakfast Pizza	
21	22	23	24	25	
Build Your Own Oatmeal Bar Pancakes with Syrup Burst	Build Your Own Oatmeal Bar Cheese Omelet	Build Your Own Oatmeal Bar Sausage & Cheese Bagel	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Breakfast Pizza	
28	29	30	31		
NO SCHOOL	Build Your Own Oatmeal Bar Cheese Omelet	Build Your Own Oatmeal Bar Breakfast Burrito	Build Your Own Oatmeal Bar Sausage & Cheese Bagel		

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