



Comfort Foods (Line B)

BREAKFAST	LUNCH		1	2
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99		Broccoli Beef Vegetable Rice	Cheese Enchilada Spanish Rice
5	6	7	8	9
BBQ Chicken Mashed Potato Wheat Roll	Orange Chicken Vegetable Brown Rice	Pizza Day! Pepperoni Cheese	Cheeseburger Mac and Cheese Garlic Cheese Bread	Homestyle Bowl Chicken & Mashed Potato Biscuit
12	13	14	15	16
Steak and Cheese Burrito Fiesta Beans	Teriyaki Beef Stir Fry Veggies	Pizza Day! Pepperoni Cheese	Chicken Parmesan Pasta Bake Garlic Cheese Bread	Beef Chili & Cheese Tots Wheat Roll
19	20	21	22	23
Orange Chicken Stir Fry Vegetables Wheat Roll	Chicken Tortilla Soup Toasted Cheese Flatbread	Pizza Day! Pepperoni Cheese	NO SCHOOL	NO SCHOOL
26	27	28	29	30
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	

Grill Options (Line A)

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Cheese Burger Daily Side Salad Bar	Spicy Chicken Sandwich Daily Side Salad Bar	Pizza Day!	Meatball Sub Daily Side Salad Bar	BBQ Rib Daily Side Salad Bar

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches
 Turkey & Cheese
 Ham & Cheese
 Tuna Sandwich

Wraps: Rotating Selection
 Chicken Wrap
 Deli Wrap
 Turkey Wrap



Daily Salad Bar & Condiments

Monday Carrots, Diced Fruit
Tuesday Jicama, Celery, Fruit
Wednesday Tomato & Cucumber, Salad
Thursday Salad, Potato Salad
Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Chicken Caesar Salad & Roll
Tuesday Ham & Turkey Chef Salad & Roll
Wednesday Chopped Chicken Salad & Roll
Thursday Ham & Turkey Chef Salad & Roll
Friday Hearty Spinach Salad & Roll

A La Carte (Line C)

A rotating selection of healthy snacks may be purchased a la carte from the snack bar.

*You may qualify for free or reduced-price meals. Applications are available at all schools and the district office.
 Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products.
USDA and this institution are equal opportunity providers.

Questions, concerns or feedback, please call:
 Director of Dining Services, Nick Dramis
 916.649.7844

Breakfast

BREAKFAST	LUNCH		1	2
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99		Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar
		Breakfast Burrito	Sausage and Cheese Bagel	
5	6	7	8	9
Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar
Cheese Omelet	Cinni Rush French Toast	Yogurt and Muffin	Biscuit & Hash Brown	Sausage and Cheese Bagel
12	13	14	15	16
Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar
Cinni Rush French Toast	Pancakes with Syrup Burst	Yogurt and Muffin	Biscuit & Hash Brown	Breakfast Pizza
19	20	21	22	23
Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	Build Your Own Oatmeal Bar	NO SCHOOL	NO SCHOOL
Pancakes with Syrup Burst	Cheese Omelet	Sausage and Cheese Bagel		
26	27	28	29	30
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	

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