



Comfort Foods (Line B)

| BREAKFAST | LUNCH | | | | 1 | 2 |
|---|---|---|---|---|---------------------------------|----------------------------------|
| Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00 | Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99 |  | | | Broccoli Beef Vegetable Rice | Cheese Enchilada Spanish Rice |
| 5 | 6 | 7 | 8 | 9 | | |
| BBQ Chicken Mashed Potato Wheat Roll | Orange Chicken Vegetable Brown Rice | Pizza Day! Pepperoni Cheese | Cheeseburger Mac and Cheese Garlic Cheese Bread | Sack Lunch | | |
| 12 | 13 | 14 | 15 | 16 | | |
| Steak and Cheese Burrito Fiesta Beans | Teriyaki Beef Stir Fry Veggies | Pizza Day! Pepperoni Cheese | Chicken Parmesan Pasta Bake Garlic Cheese Bread | Beef Chili & Cheese Tots Wheat Roll | | |
| 19 | 20 | 21 | 22 | 23 | | |
| Orange Chicken Stir Fry Vegetables Wheat Roll | Sack Lunch | Sack Lunch | NO SCHOOL | NO SCHOOL | | |
| 26 | 27 | 28 | 29 | 30 | | |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |  | | |

Grill Options (Line A)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|------------|---|------------------------------------|
| Classic Cheese Burger Daily Side Salad Bar | Spicy Chicken Sandwich Daily Side Salad Bar | Pizza Day! | Meatball Sub Daily Side Salad Bar | BBQ Rib Daily Side Salad Bar |

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

- Turkey & Cheese
- Ham & Cheese
- Tuna Sandwich

Wraps: Rotating Selection

- Chicken Wrap
- Deli Wrap
- Turkey Wrap



Daily Salad Bar & Condiments

- Monday** Carrots, Diced Fruit
- Tuesday** Jicama, Celery, Fruit
- Wednesday** Tomato & Cucumber, Salad
- Thursday** Salad, Potato Salad
- Friday** Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

- Monday** Chicken Caesar Salad & Roll
- Tuesday** Ham & Turkey Chef Salad & Roll
- Wednesday** Chopped Chicken Salad & Roll
- Thursday** Ham & Turkey Chef Salad & Roll
- Friday** Hearty Spinach Salad & Roll

A La Carte (Line C)

A rotating selection of healthy snacks may be purchased a la carte from the snack bar.

*You may qualify for free or reduced-price meals. Applications are available at all schools and the district office.
 Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products.
USDA and this institution are equal opportunity providers.

Questions, concerns or feedback, please call:
 Director of Dining Services, Nick Dramis
 916.649.7844

Breakfast

| | | | | |
|---|---|--|--|---|
| BREAKFAST | LUNCH |  | 1 | 2 |
| Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00 | Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99 | | Build Your Own Oatmeal Bar Breakfast Burrito | Build Your Own Oatmeal Bar Sausage and Cheese Bagel |
| 5 | 6 | 7 | 8 | 9 |
| Build Your Own Oatmeal Bar Cheese Omelet | Build Your Own Oatmeal Bar Cinni Rush French Toast | Build Your Own Oatmeal Bar Yogurt and Muffin | Build Your Own Oatmeal Bar Biscuit & Hash Brown | Build Your Own Oatmeal Bar Sausage and Cheese Bagel |
| 12 | 13 | 14 | 15 | 16 |
| Build Your Own Oatmeal Bar Cinni Rush French Toast | Build Your Own Oatmeal Bar Pancakes with Syrup Burst | Build Your Own Oatmeal Bar Yogurt and Muffin | Build Your Own Oatmeal Bar Biscuit & Hash Brown | Build Your Own Oatmeal Bar Breakfast Pizza |
| 19 | 20 | 21 | 22 | 23 |
| Build Your Own Oatmeal Bar Pancakes with Syrup Burst | Build Your Own Oatmeal Bar Cheese Omelet | Build Your Own Oatmeal Bar Sausage and Cheese Bagel | NO SCHOOL | NO SCHOOL |
| 26 | 27 | 28 | 29 | 30 |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |  |

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