



PS7 Elementary School

January 2018

chartwells |
eat. learn. live.



ST+HOPE
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>No School</i>	2 	3 	4 <i>No School</i>	5 <i>No School</i>
8 <i>No School</i>	9 <i>No School</i>	10 Breakfast Breakfast Pizza Fresh Fruit Lunch Grilled Turkey & Cheese Baked Fries	11 Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Cheese Burger Corn	12 Breakfast Sausage Biscuit Fresh Fruit Lunch BBQ Popcorn Chicken Vegetable Medley
15 <i>No School</i>	16 Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch BBQ Rib Sandwich Green Beans	17 Breakfast Breakfast Pizza Fresh Fruit Lunch Hot Dog Carrot and Celery Sticks	18 Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Cheese Burger Baked fries	19 Breakfast Sausage Biscuit Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar
22 Breakfast Breakfast Pizza Fresh Fruit Lunch BBQ Chicken Vegetable Medley	23 Breakfast Whole Wheat Bagel with Egg and Cheese Fresh Fruit Lunch Hamburger Carrots and Celery Sticks	24 Breakfast Cinni Rush French Toast Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar	25 Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Shredded Cheddar Nachos Side Salad	26 Breakfast Sausage Biscuit Fresh Fruit Lunch Sack Lunch
29 Breakfast Cinni Rush French Toast Fresh Fruit Lunch Breaded Chicken Sandwich Green Beans	30 Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch BBQ Rib Sandwich Green Beans	31 Breakfast Sausage Biscuit Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar		

Meal Prices	
Breakfast Student Prices \$1.50 Paid \$0.30 Reduced* Adult Price \$2.00	Lunch Student Prices \$2.65 Paid \$0.40 Reduced* Adult Price \$3.99

*You may qualify for free or reduced price meals.
Applications are available at all schools and the district office.

Some menu items may change due to availability of products.
Low-fat milk is served with every breakfast and lunch

Questions, concerns or feedback:
Please call Director of Dining Services Nick Dramis at 916-649-7844

This institution is an equal opportunity provider.