

Comfort Foods (Line B)

BREAKFAST	LUNCH		1	2
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99		Broccoli Beef Vegetable Rice	Cheese Enchilada Spanish Rice
5	6	7	8	9
Cheeseburger Mac and Cheese Garlic Cheese Bread	BBQ Chicken Potato Salad	Pizza Day! Pepperoni Cheese	Kung Pao Chicken Vegetable Rice	Chili Cheese Fries Whole Wheat Roll
12	13	14	15	16
BBQ Meatballs Mashed Potato	Teriyaki Beef Stir Fry Veggies	Pizza Day! Pepperoni Cheese	Chicken & Broccoli Alfredo Pasta Bake	Bean and Cheese Burrito Spanish Brown Rice
19	20	21	22	23
NO SCHOOL	Chipotle Tomato Soup Grilled Cheese	Pizza Day! Pepperoni Cheese	Carnitas Tostada Fiesta Beans	Buffalo Chicken Salad Wheat Roll
26	27	28		
Cheesy Beef Nachos	Street Tacos Cilantro Lime Rice	Pizza Day! Pepperoni Cheese		

Grill Options (Line A)

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Ham and Cheese Daily Side Salad Bar	Spicy Chicken Sandwich Daily Side Salad Bar	Pizza Day!	Classic Cheese Burger Daily Side Salad Bar	BBQ Rib Daily Side Salad Bar

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches
Turkey & Cheese
Ham & Cheese
Tuna Sandwich

Wraps: Rotating Selection
Chicken Wrap
Deli Wrap
Turkey Wrap



Daily Salad Bar & Condiments

Monday Carrots, Diced Fruit
Tuesday Jicama, Celery, Fruit
Wednesday Tomato & Cucumber, Salad
Thursday Salad, Potato Salad
Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Chicken Caesar Salad & Roll
Tuesday Ham & Turkey Chef Salad & Roll
Wednesday Chopped Chicken Salad & Roll
Thursday Ham & Turkey Chef Salad & Roll
Friday Hearty Spinach Salad & Roll

A La Carte (Line C)

A rotating selection of healthy snacks may be purchased a la carte from the snack bar.

*You may qualify for free or reduced-price meals. Applications are available at all schools and the district office.
Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products.
USDA and this institution are equal opportunity providers.

Questions, concerns or feedback, please call:
Director of Dining Services, Nick Dramis
916.649.7844

Breakfast

BREAKFAST	LUNCH		1	2
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99		Build Your Own Parfait Bar	Build Your Own Parfait Bar
		Breakfast Burrito	Sausage and Cheese Bagel	
5	6	7	8	9
Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar
Cheese Omelet	Cinni Rush French Toast	Southwest Skillet	Biscuit & Hash Brown	Sausage and Cheese Bagel
12	13	14	15	16
Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar
Breakfast Pizza	Pancakes with Syrup Burst	Yogurt and Muffin	Biscuit & Hash Brown	Pancakes with Syrup Burst
19	20	21	22	23
NO SCHOOL	Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar
	Cheese Omelet	Sausage and Cheese Bagel	Pancakes with Syrup Burst	Breakfast Pizza
26	27	28		
Build Your Own Parfait Bar	Build Your Own Parfait Bar	Build Your Own Parfait Bar		
Cinni Rush French Toast	Pancakes with Syrup Burst	Sausage and Cheese Bagel		

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