

Oak Park Preparatory Academy February 2018



Comfort Foods (Line B)

| BREAKFAST | LUNCH | | 1 | 2 |
|--|--|-----------------------------------|--|--|
| Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00 | Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99 | OAK PARK PREP | Broccoli Beef Vegetable Rice | Cheese Enchilada Spanish Rice |
| 5 | 6 | 7 | 8 | 9 |
| Cheeseburger Mac and Cheese Garlic Cheese Bread | BBQ Chicken Potato Salad | Pizza Day! Pepperoni Cheese | Kung Pao Chicken Vegetable Rice | Chili Cheese Fries Whole Wheat Roll |
| 12 | 13 | 14 | 15 | 16 |
| BBQ Meatballs Mashed Potato | Teriyaki Beef Stir Fry Veggies | Pizza Day! Pepperoni Cheese | Chicken & Broccoli Alfredo Pasta Bake | Sack Lunch |
| 19 | 20 | 21 | 22 | 23 |
| NO SCHOOL | Chipotle Tomato Soup Grilled Cheese | Pizza Day! Pepperoni Cheese | Carnitas Tostada Fiesta Beans | Buffalo Chicken Salad Wheat Roll |
| 26 | 27 | 28 | | |
| Cheesy Beef Nachos | Street Tacos Cilantro Lime Rice | Pizza Day! Pepperoni Cheese | Choose My Plate gov | |

Grill Options (Line A)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|------------------------|------------|-----------------------|------------|
| | | | | |
| Grilled Ham and Cheese | Spicy Chicken Sandwich | | Classic Cheese Burger | BBQ Rib |
| Daily Side | Daily Side | Pizza Day! | Daily Side | Daily Side |
| Salad Bar | Salad Bar | | Salad Bar | Salad Bar |

*You may qualify for free or reduced-price meals. Applications are available at all schools and the district office. Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products. USDA and this institution are equal opportunity providers.

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Turkey & Cheese

Ham & Cheese

Tuna Sandwich

Wraps: Rotating Selection

Chicken Wrap

Deli Wrap

Turkey Wrap



Daily Salad Bar & Condiments

Monday Carrots, Diced FruitTuesday Jicama, Celery, Fruit

Wednesday Tomato & Cucumber, Salad

Thursday Salad, Potato Salad

Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Chicken Caesar Salad & Roll
Tuesday Ham & Turkey Chef Salad & Roll
Wednesday Chopped Chicken Salad & Roll
Thursday Ham & Turkey Chef Salad & Roll

riday Hearty Spinach Salad & Roll

A La Carte (Line C)

A rotating selection of healthy snacks may be purchased a la carte from the snack bar.



Oak Park Preparatory Academy February 2018



Breakfast

| BREAKFAST | LUNCH | | 1 | 2 |
|-------------------------|-------------------------|--------------------------|--|--------------------------|
| Student Prices | Student Prices | | Build Your Own | Build Your Own |
| \$1.50 Paid | \$2.65 Paid | | Parfait Bar | Parfait Bar |
| \$0.30 Reduced* | \$0.40 Reduced* | | | |
| Adult/Staff \$2.00 | Adult/Staff \$3.99 | | Breakfast Burrito | Sausage and Cheese Bagel |
| | | OAK PARK PREP | | |
| 5 | 6 | 7 | 8 | 9 |
| Build Your Own | Build Your Own | Build Your Own | Build Your Own | Build Your Own |
| Parfait Bar | Parfait Bar | Parfait Bar | Parfait Bar | Parfait Bar |
| | | | | |
| Cheese Omelet | Cinni Rush French Toast | Southwest Skillet | Biscuit & Hash Brown | Sausage and Cheese Bagel |
| | | | | |
| 12 | 13 | | 15 | 16 |
| Build Your Own | Build Your Own | Build Your Own | Build Your Own | Build Your Own |
| Parfait Bar | Parfait Bar | Parfait Bar | Parfait Bar | Parfait Bar |
| | | | | |
| Breakfast Pizza | Pancakes | Yogurt and Muffin | Biscuit & Hash Brown | Pancakes |
| | with Syrup Burst | | | with Syrup Burst |
| 19 | 20 | | 22 | 23 |
| | Build Your Own | Build Your Own | Build Your Own | Build Your Own |
| NO SCHOOL | Parfait Bar | Parfait Bar | Parfait Bar | Parfait Bar |
| | | | | |
| | Cheese Omelet | Sausage and Cheese Bagel | Pancakes | Breakfast Pizza |
| | | | with Syrup Burst | |
| 26 | 27 | 28 | | |
| Build Your Own | Build Your Own | Build Your Own | Fruits Coulon | |
| Parfait Bar | Parfait Bar | Parfait Bar | The second secon | |
| | | | | |
| Cinni Rush French Toast | Pancakes | Sausage and Cheese Bagel | Choose My Plate gov | |
| | with Syrup Burst | | (Samuel Grand Got) | |

^{*}You may qualify for free or reduced-price meals. Applications are available at all schools and the district office. Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products. USDA and this institution are equal opportunity providers.

Questions, concerns or feedback, please call: Director of Dining Services, Nick Dramis, 916.649.7844