

PS7 Elementary School

February 2020

chartwells |
eat. learn. live.



ST+HOPE
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
				
3	4	5	6	7
Breakfast Cinni Rush French Toast Fresh Fruit Lunch Chicken Tenders Green Beans	Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch Corn Dog Baked fries	Breakfast Breakfast Pizza Fresh Fruit Lunch Turkey & Cheese Sub Pretzels	Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Cheese Burger Corn	Breakfast Sausage Biscuit Fresh Fruit Lunch BBQ Popcorn Chicken Vegetable Medley
10	11	12	13	14
Breakfast Breakfast Pizza Fresh Fruit Lunch Nachos Side Salad	Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch Cheese Quesadilla Green Beans	Breakfast Whole Wheat Bagel with Cream Cheese Fresh Fruit Lunch Corn Dog Carrot Sticks	Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Hamburger Baked fries	Breakfast Muffin & Yogurt Fresh Fruit Lunch Sack Lunch
17	18	19	20	21
No School	Breakfast Whole Wheat Bagel with Cream Cheese Fresh Fruit Lunch Hamburger Carrots Sticks	Breakfast Cinni Rush French Toast Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar	Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Shredded Cheddar Nachos Side Salad	Breakfast Sausage Biscuit Fresh Fruit Lunch Chicken Strips Baked Fries
24	25	26	27	28
Breakfast Cinni Rush French Toast Fresh Fruit Lunch Breaded Chicken Sandwich Green Beans	Breakfast Pancake & Sausage on a Stick Fresh Fruit Lunch Bean & Cheese Burrito Green Beans	Breakfast Sausage Biscuit Fresh Fruit Lunch Pizza Day! Pepperoni Pizza Salad Bar	Breakfast Pancakes with Syrup Burst Fresh Fruit Lunch Corn Dog Tater Tots	Breakfast Muffin & Yogurt Fresh Fruit Lunch Cheese Quesadillas Side salad
Meal Prices		Some menu items may change due to availability of products. Low-fat milk is served with every breakfast and lunch Questions, concerns or feedback: Please call Director of Dining Services Catherine Renner at 916-649-7844		