



# DRAGON NEWSLETTER

Dear Dragon Family,

Thank you to everyone for a successful start to the school year. The first two quarters have been full of teachers discussing data and lesson planning with their colleagues to collaborate around how to improve the instruction we offer to students every day. I am proud of the mindset of our staff to constantly question our practices and seek new ways to support our students.

A measure that has shown our work is making a difference in our students' academic achievement are our California Assessment of Student Performance and Progress (CAASPP) scores from last spring. This is the state assessment that has replaced the California Standards Test (CST) that students previously took in the spring to measure if they were proficient in grade level standards. Last school year our students demonstrated noteworthy growth. Sac High's growth average was higher than the state, county and Sacramento City Unified School District's (SCUSD) average growth. Our overall proficiency in English Language Arts also surpassed the state, county and SCUSD average. Though our overall Math proficiency did not surpass the averages of other schools, our large growth is a sign that we will be able to do so in the coming years.

	English Language Arts Proficiency	2014-2015 Comparison	Math Proficiency	2014-2015 Comparison
Statewide	49%	+5%	37%	+4%
Sacramento County	45%	+5%	36%	+3%
SCUSD	39%	+4%	31%	+2%
Sac High	56%	+7%	24%	+7%

Sac High promises to continue seeking best practices and collaborating to give your child an education that tops what they would receive in any other area high school. A testament to this are the professional development days after midterms where staff met to discuss the assessment results, collaborated around instructional best practices and updated our instructional plans to be ready for our students when they return for quarter three.

We would appreciate your partnership in supporting the educational program for your child. Every Tuesday during their advisory class, students receive a Quick Look Up (QLU) that has a weekly grade update. Students are to take the QLU home for parents to review and sign. Their grade in advisory is partially comprised of points for submitting their signed QLU each week. You can also review how your child is doing in school by logging into Illuminate. Login information was sent home at the beginning of the school year. If you did not receive yours or need the information again, please call the front office at 916-277-6200 or email [aaguilar@sachigh.org](mailto:aaguilar@sachigh.org).

As we move into fall and chillier weather, remember that our uniform policy states that any outwear students wear must be a Sac High sweater or jacket. Hoodies and non-Sac High jackets are not allowed. If students are wearing these items they will be asked to remove them. Students who repeatedly wear prohibited outerwear may have the item(s) confiscated until the end of the day. Please reach out to us if you need assistance with uniform expectations. You can call the front office at 916-277-6200 or email [tagee@sachigh.org](mailto:tagee@sachigh.org) to discuss any needs and assistance you may need.

We look forward to seeing you all on Saturday, November 5<sup>th</sup> for this year's Homecoming Games. The JV and Varsity games that day will be against McClatchy at Sac High. That means the Homecoming and Bell Game will be in one game this year on our field. Come out to show your Dragon Spirit!

From the proud principal of Sac High,

*Dr. Michelle Seijas*

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# Counseling

## **Freshman:**

Pathway Selection is coming in March.

Freshman will be able to select their Pathway for the next three years.

We offer 7 Pathways: Art & Photography, Engineering, Public Health & Law, Business & Visual Communications. Please be sure to ask your students about the presentations and their thoughts on their selection.

## **Sophomores:**

This is the year your A-G GPA is going to start being looked at. Be sure to keep grades up in order to increase your GPA for college selection and Financial Aid.

If you have questions check in with Ms. Gwen.

## **Juniors:**

It is time to sign up for ACT and SAT exams!

All Sac High graduates are required to take the ACT and/or SAT at least once.

The recommended ACT date is 4/8 (sign up by 3/3),

and the recommended SAT date is May 6th (sign up by April 7th).

If students qualify for free or reduced lunch, they can take the exams for free.

Please turn in lunch forms ASAP if you have not done so, they are located in the front office.

Otherwise, the tests cost around \$55 each.

All juniors will have a chance to sign up for the exams during their English classes in early February.

## **Seniors:**

If any senior is considering a CSU campus for the fall, they need to take the English and Math placement exams between November 2016 and February 2017. The cost of each exam is \$18, and there is no fee waiver for them. Some students do not need to take the exams,

because they have scored high enough on the ACT, SAT, or EAP Exams.

Students should see their advisor to know if they need to sign up for the exams or not.

Any student who does not take the exams (and is not exempt through previous test scores) will have their applications withdrawn.

If you have any questions or concerns about your child's college path, please contact David Marks at [collegecounselor@sachigh.org](mailto:collegecounselor@sachigh.org) or 916-275-9628.

# College Counseling Updates

## Financial Aid

ASAP - All seniors need to file their FAFSA or Dream Act ASAP (the applications opened on October 1st - some financial aid is first come, first served). Sac High hosted its Cash for College night on 10/6. If you missed it and need help filing a FAFSA or Dream Act, please attend another event at a local high school.

## CSU Applications

Fall Break (10/6 - 10/18) - Eligible seniors (GPA 2.0 and higher) will apply to the CSU system in the college lab.

## UC Applications

11/14 - 11/18 - Eligible seniors (3.0 and higher) will apply to the UC system  
11/30 - Final deadline for any CSU or UC application

## Private College Applications

1/1 - Deadline for many private college applications. Students who need help with their Common Application should see Mr. Marks at lunch, during 5th period, after school in the College Lab or make an appointment.

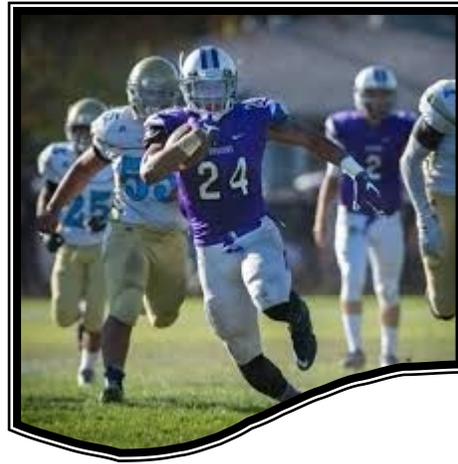
## HBCU Fair a Success at Sac High

Sac High hosted the annual HBCU fair on Thursday, September 15th in the library, giving seniors private access to admissions representatives from 33 Historically Black Colleges and Universities (HBCUs) including Hampton, Xavier, Spelman, Morehouse, and other distinguished HBCUs. A unique feature of this college fair was the prospect to earn on the spot admission based on a review of test scores (ACT and/or SAT), GPA, transcript and an application. In addition to admission, students were able to earn financial aid, including full ride academic scholarships. Sac High's Class of 2017 had a strong showing with 135 Dragons (90% of the senior class) accepted on the spot and qualifying for significant scholarships. Once again, admissions representatives left the event claiming that the Sac High fair continues to be the highlight of their admissions season due to our professional and academically distinguished students.

## College Admissions Representatives Visit Sac High

This fall, fifteen colleges visited Sacramento Charter High School to promote their campuses and encourage students to apply. Campus representatives from Wesleyan University, UC Santa Cruz, UC Santa Barbara, UC Davis, Sac State, Pomona College, UNLV, UOP, and a host of other top colleges from all over the country met in small groups with students to share what it is like to be a student on their campuses. Approximately 270 students, primarily seniors and juniors, signed up to participate in these events. Students were able to ask questions and learn about financial aid and academic opportunities from the representatives, many of whom will be evaluating the applications coming from our school. Some of the representatives have been visiting Sac High for years and have become strong advocates for our students. Tina Lynch, admissions representative from UC Irvine, commented that she absolutely loves the drive, positive energy, and unique qualities of our Sac High students, so she always makes a point of visiting Sac High twice per year. More visits will occur later this fall, including representatives from Princeton University and Holy Names University, and in late spring as admissions offices renew the recruitment cycle.

# Athletics



Sac High Football has been churning out practices, winning games, and turning heads as they continue to dominate on the gridiron. After a brutal pre-season schedule, the Dragons are reaping the benefits of hard work. The year round training, the intense work-out regiment imposed by Head Coach Justin Reber, and the commitment to excellence mantra, has produced immense results.

The Sac High Dragons football team defeated Folsom High School 32-27 on Friday, September 16, 2016 in stunning fashion. The Dragons win ended the number 1 ranked Bulldog's 3 year, 48-game winning streak. The program defining victory also catapulted the Dragons in the regional rankings where they currently hold the number 2 ranking.

Senior Tariq Hollandsworth had a monstrous game; as he rushed for 248 yards on 26 carries with 1 touchdown. The 6 foot, 206 pound running back has been impressive and is supported by a young core group of exceptional athletes that are starting to gel together.

The Dragons will host Valley High School on Saturday, October 15, 2016 as the Purple and White seek to defend their 2015 Metro League Championship. Kick-off is slated for 11:00 am and 1:00 pm.

For a complete schedule of all our athletic teams visit us at [www.sachigh.org](http://www.sachigh.org) and make sure to follow Sac High Athletics on:

Instagram: Sachighathletics

Twitter: Sac High Athletics: @qualityedforall

Facebook: Sacramento Charter High School

# Advisory

We are glad to report that all stakeholders are making Advisory the **most important class on campus!**

**9th grade** is focusing on students creating their Individual Learning Plan, where students are planning their academic path throughout high school.

**10th grade** is focusing on Social Justice with an emphasis on the educational system.

**11th grade** is focusing on developing academic goals leading to college admission.

**12th grade** is focusing on CSU and UC college applications, as well as financial aid and scholarship applications.



# Testing Announcement

**Juniors (ONLY)** will be taking the PSAT on Wednesday, October 19 and will be released early that day at 12:05.



# Activities

## Upcoming Events!

<u>Event</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Fall Break	Oct 6 - Oct 14	N/A	N/A
Breast Cancer Awareness Pink Out	One day in Oct	All Day	SHS
Senior Class Picture	Friday in Oct	During Advisory	Football Field
Powder Puff Practice	Oct 24 - Oct 28	TBD	Soccer Field
St HOPE Dinner (tickets need to be purchased in advance)	Oct 28	N/A	Red Lion Hotel
Homecoming Spirit Week	Oct 31 - Nov 4	All Week	SHS
Powder Puff Game	Nov 2	2:30 - 4:30	Football Field
Homecoming Rally	Nov 4	Rally Schedule	Big Gym
Homecoming Game	Nov 5	1pm	Football Field
Homecoming Dance	Nov 5	7:00 pm- 10:00pm	East Wing Commons
Thanksgiving Break	Nov 21 - Nov 25	N/A	N/A
Block Party	Dec 7	2-4pm	Main Commons
Winter Break	Dec 23 - Jan 6	N/A	N/A

**New Items for Sale  
The Torch Student Store  
Starting on Oct 8th!**

**ASB Stickers \$35.00**

- Free entry to all Sac High home games  
(excluding playoffs and champion games)
- Discount on Dance Tickets
- Discount on Prom Tickets

**Homecoming Dance  
Tickets \$15.00**

ASB Price \$12.00



# HEY DRAGONS!

## Get Involved, Join a Club!

Mon	Tue	Wed	Thu	Fri
Social Justice Club E-8 @ 4 pm	Soccer Club Field @ 4 pm	Young Life P20 @ 2 pm	Soccer Club Field @ 4 pm	Chess Club E-38 @ 3:35 pm
M.E.C.H.A P13 @ 3:35 pm	Jewelry Club W-5 @ 3:35 pm	Computer Lab (MUST sign up)	Jewelry Club W-5 @ 3:35 pm	M.I.S.S.E.S P19 @ 3:35 pm
M.I.S.S.E.S P19 @ 3:35 pm	M.I.S.S.E.S P19 @ 3:35 pm	Cooking Club Commons @ 2 pm	M.I.S.S.E.S P19 @ 3:35 pm	S.T.E.M E29 @ 4 pm
S.I.R.S MLAT @ 4 pm	Young Millionaires E 14 @ 3:35 pm	S.I.R.S E36 @ 2 pm	BSU P15 @ 3:35 pm	
Drumline (D.W.E.) Annex @ 3:45 pm		Drumline (D.W.E.) Annex @ 2 pm	Drumline (D.W.E.) Annex @ 3:45 pm	
Fashion Club E12 @ 3:45 pm		Fashion Club E12 @ 2:10 pm	Young Activist Alliance E30 @ 3:40 pm	
BSU E19 @ 3:40 pm				
M.O.G.A.I. Annex 3 @ 3:50 pm				

**\*Study Hall is available every day after school in room P10\***



## Sac High Merchandise at The Torch



- Polo \$15.00
- PE Set \$20.00
- V-Neck Sweater \$25.00
- All Weather Jacket \$35.00
- Letterman Jacket \$40.00
- Black Belts \$3.00



**Sacramento Charter High School**

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**Contact Info**

Front Office Manager: — Tranisha Agee — ext: 2200

Attendance Manager — Juanda Starks — ext:2207

Store Manager — Sherry Scott — ext: 2209

College Counselor — David Marks — 916-275-9628

Lead Counselor — Maya Dennis — ext: 2315

