





### Comfort Foods (Line B)

|  |   |  |   |   |
|--|---|--|---|---|
| <br>OAK PARK PREP |  | 1  | 2   | 3   |
|  |   | NO SCHOOL                                | NO SCHOOL   | NO SCHOOL                                       |
| 6  | 7   | 8  | 9   | 10  |
| NO SCHOOL  | NO SCHOOL   | <b>Pizza Day!</b><br>Pepperoni<br>Cheese | Cheeseburger<br>Mac and Cheese<br>Garlic Bread    | Steak and Cheese Burrito<br>Mexican Style beans |
| 13   | 14  | 15                                       | 16  | 17  |
| Teriyaki Beef<br>Veggie Rice<br>Flatbread  | BBQ Chicken<br>Corn on the Cob<br>Biscuit   | <b>Pizza Day!</b><br>Pepperoni<br>Cheese | Buffalo Chicken Salad<br>Garlic Cheese Bread      | Beef Nachos                                     |
| 20   | 21  | 22                                       | 23  | 24  |
| Pesto Chicken<br>With Whole Wheat Pasta<br>Wheat Roll  | Carnitas Tostada<br>Cilantro Brown Rice   | <b>Pizza Day!</b><br>Pepperoni<br>Cheese | BBQ Chicken<br>Corn on the Cob<br>Biscuit         | Street Tacos<br>Spanish Brown Rice              |
| 27   | 28  | 29                                       | 30  | 31  |
| Meatballs In Zesty Marinara<br>Garlic Mash<br>Wheat Roll   | Teriyaki Beef<br>Veggie Rice<br>Flatbread   | <b>Pizza Day!</b><br>Pepperoni<br>Cheese | Chicken Fajita<br>Mexican Style Rice<br>and Beans | NO SCHOOL                                       |

### Grill Options (Line A)

| Monday   | Tuesday   | Wednesday               | Thursday                           | Friday                             |
|--|---|-------------------------|------------------------------------|------------------------------------|
| Classic Cheese Burger<br>Daily Side<br>Salad Bar | Chicken Ranch Sandwich<br>Daily Side<br>Salad Bar | Pizza Day!<br>Salad Bar | Hot Dog<br>Daily Side<br>Salad Bar | BBQ Rib<br>Daily Side<br>Salad Bar |

### Snack Bar (Line C)



*Cold Sandwiches & Wraps Made Fresh*

**Daily Sandwiches**

- Turkey & Cheese
- Ham & Cheese
- Tuna Sandwich

**Wraps: Rotating Selection**

- Crispy Chicken Wrap
- Deli Wrap
- Turkey Wrap



*Daily Salad Bar & Condiments*

- Monday** Carrots, Diced Fruit
- Tuesday** Jicama, Kale, Fruit
- Wednesday** Tomato & Cucumber, Salad
- Thursday** Beets, Potato Salad
- Friday** Carrots & Celery, Spinach



*Fresh Food Fast: Packaged for Grab N' Go*

- Monday** Chicken Caesar Salad
- Tuesday** Chopped Chicken Salad
- Wednesday** Chicken Caesar Salad
- Thursday** Chopped Chicken Salad
- Friday** Chicken Caesar Salad

### Mobile Cart (Line D)

**A rotating selection of popular items will be available on our mobile cart**


### Adjustments

Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products. Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916.649.7844. **USDA and this institution are equal opportunity providers.**

### Prices

See reverse for student and non-student meal pricing

*Breakfast*

|  |   |   |  |   |
|--|---|---|--|---|
| <br>OAK PARK PREP |  | 1   | 2  | 3   |
|  |   | NO SCHOOL   | NO SCHOOL  | NO SCHOOL   |
| 6  | 7   | 8   | 9  | 10  |
| NO SCHOOL  | NO SCHOOL   | Build Your Own<br>Oatmeal Bar<br><br>Yogurt and Muffin      | Build Your Own<br>Oatmeal Bar<br><br>Biscuit & Hash Brown  | Build Your Own<br>Oatmeal Bar<br><br>Sausage & Cheese Bagel |
| 13   | 14  | 15  | 16   | 17  |
| Build Your Own<br>Pancake Bar<br><br>Cinni Rush French Toast                                       | Build Your Own<br>Pancake Bar<br><br>French Toast<br>with Syrup Burst             | Build Your Own<br>Pancake Bar<br><br>Yogurt and Muffin      | Build Your Own<br>Pancake Bar<br><br>Biscuit & Hash Brown  | Build Your Own<br>Pancake Bar<br><br>Breakfast Pizza        |
| 20   | 21  | 22  | 23   | 24  |
| Build Your Own<br>Yogurt Bar<br><br>Pancakes<br>with Syrup Burst                                   | Build Your Own<br>Yogurt Bar<br><br>Breakfast Pizza                               | Build Your Own<br>Yogurt Bar<br><br>French Toast            | Build Your Own<br>Yogurt Bar<br><br>Sausage & Cheese Bagel | Build Your Own<br>Yogurt Bar<br><br>Yogurt and Muffin       |
| 27   | 28  | 29  | 30   | 31  |
| Build Your Own<br>Oatmeal Bar<br><br>Pancakes<br>with Syrup Burst                                  | Build Your Own<br>Oatmeal Bar<br><br>Breakfast Pizza                              | Build Your Own<br>Oatmeal Bar<br><br>Sausage & Cheese Bagel | Build Your Own<br>Oatmeal Bar<br><br>French Toast          | NO SCHOOL   |

*Meal Prices*

St. HOPE Public Schools is participating in the Community Eligibility Provision for its meals program during the 2018-19 school year.

This means St. HOPE is able to provide one **free breakfast** and one **free lunch** to each enrolled student in attendance during designated meal times each school day as part of the School Breakfast Program and National School Lunch Program.

There is no need for families to apply for this program. Every enrolled student qualifies.

Non-student pricing is \$2.00 for breakfast, and \$3.99 for lunch.

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