

August 2017



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Turkey & Cheese
Salami & Cheese

Wraps

Selections Rotate
BBQ Chicken Wrap
Buffalo Chicken Wrap
Chicken Caesar Wrap
Turkey Wrap



Daily Salad Bar with Condiments

Today's Feature

Monday
Carrots, Beans, Cucumber
Tuesday
Broccoli, Celery, Fruit
Wednesday
Tomato and Cucumber Salad
Thursday
Salad & Beans
Pasta Salad
Friday
Carrots & Celery
Spinach

Favorite Comfort Foods & International Flavors Served

		2	3	4
BREAKFAST	LUNCH			
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99			
7	8	9	10	11
		WELCOME BACK!! Meatballs in Zesty Marinara w/ Garlic Mashed Potatoes	House-made Creamy Macaroni and Cheese	Bean & Cheese Burrito Cilantro Lemon Rice
14	15	16	17	18
Teriyaki Beef w/ Brown Veggie Rice	Mom's Meatloaf Mashed Potatoes W/ Gravy	Cheesy Nachos	Buffalo Popcorn Chicken W/Green Side salad	Pizza Day! Pepperoni BBQ Chicken
21	22	23	24	25
House-made Creamy Macaroni and Cheese	BBQ Chicken Homestyle Mashed Potatoes	Pizza Day! Pepperoni Combo	Mom's Meatloaf Seasoned Peas & Carrots	Spaghetti W/ Italian Meat sauce & Garlic Toast
28	29	30	31	
Pesto Chicken W/ Penne Pasta	Teriyaki Glazed Chicken w/ Stir Fry Veggies	Chicken Fajita Mexican Style Beans	Crunchy Fish Sticks w/ Cilantro Lemon Rice	

USDA and this institution are equal opportunity providers.

***You may qualify for free or reduced price meals. Applications are available at all schools and the district office.
Low-fat milk is served with every breakfast and lunch.
Some menu items may change due to availability of products.**



Classic Cheese pizza, Veggie and Pepperoni pizza are just a few of our selections
All pizza made w/ reduced fat cheese & whole grain crust. Includes salad bar.

Specials

- 1 Cheese
- 2 Pepperoni
- 3 Buffalo Chicken
- 4 Combo
- 5 BBQ Chicken



Includes daily potato choice and salad bar.

Specials

- Monday: Classic Cheeseburger
Tuesday: Crispy Chicken Patty
Wednesday: BBQ Rib Sandwich
Thursday: Crispy Fish Sandwich
Friday: Italian Meatball Sub



Fresh Food Fast- Packaged for Grab N' Go
(Salads served with a dinner roll)

Specials

- Monday: Chicken Caesar Salad
Tuesday: Hearty Spinach Salad
Wednesday: Chicken Caesar Salad
Thursday: Ham & Turkey Chef Salad
Friday: Hearty Spinach Salad

**Questions, Concerns or Feedback, Please call:
Director of Dining Services
Nick Dramis
916.649.7844**