



Comfort Foods (Line B)

2	3	4	5	6
NO SCHOOL	Buffalo Chicken Salad Toasted Cheese Flatbread	Pizza Day! Pepperoni Cheese	Broccoli Beef Vegetable Rice	Beef Enchiladas Spanish Brown Rice
9	10	11	12	13
BBQ Chicken Mashed Potato Wheat Roll	Teriyaki Chicken Vegetable Brown Rice	Pizza Day! Pepperoni Cheese	Cheeseburger Mac and Cheese Garlic Cheese Bread	Beef Nachos Mexican Style beans
16	17	18	19	20
Steak and Cheese Burrito Fiesta Beans	Broccoli Beef Vegetable Rice	Pizza Day! Pepperoni Cheese	Chicken Parmesan Pasta Bake Garlic Cheese Bread	Chicken Pot Pie
23	24	25	26	27
Orange Chicken Stir Fry Vegetables Wheat Roll	Carnitas Tostada Cilantro Brown Rice	Pizza Day! Pepperoni Cheese	Homestyle Bowl Chicken & Mashed Potato	NO SCHOOL
30			BREAKFAST	LUNCH
Orange Chicken Stir Fry Vegetables Wheat Roll			Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99

Grill Options (Line A)

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Cheese Burger Daily Side Salad Bar	BBQ Chicken Sandwich Daily Side Salad Bar	Pizza Day! Salad Bar	Hot Dog Daily Side Salad Bar	BBQ Rib Daily Side Salad Bar

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches
Turkey & Cheese
Ham & Cheese
Tuna Sandwich

Wraps: Rotating Selection
Chicken Wrap
Deli Wrap
Turkey Wrap



Daily Salad Bar & Condiments

Monday Carrots, Diced Fruit
Tuesday Jicama, Kale, Fruit
Wednesday Tomato & Cucumber, Salad
Thursday Beets, Potato Salad
Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Chicken Caesar Salad
Tuesday Chicken Caesar Salad
Wednesday Chopped Chicken Salad
Thursday Ham & Turkey Chef Salad
Friday Chicken Caesar Salad

A La Carte (Line C)

A rotating selection of healthier snacks may be purchased a la carte from the snack bar.

*You may qualify for free or reduced-price meals. Applications are available at all schools and the district office.
Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products.
USDA and this institution are equal opportunity providers.

Questions, concerns or feedback, please call:
Director of Dining Services, Nick Dramis
916.649.7844

Breakfast

2	3	4	5	6
NO SCHOOL	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Breakfast Pizza	Build Your Own Oatmeal Bar Breakfast Burrito	Build Your Own Oatmeal Bar Sausage and Cheese Bagel
9	10	11	12	13
Build Your Own Oatmeal Bar Cheese Omelet	Build Your Own Oatmeal Bar Cinni Rush French Toast	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Biscuit & Hash Brown	Build Your Own Oatmeal Bar Sausage and Cheese Bagel
16	17	18	19	20
Build Your Own Oatmeal Bar Cinni Rush French Toast	Build Your Own Oatmeal Bar Pancakes with Syrup Burst	Build Your Own Oatmeal Bar Yogurt and Muffin	Build Your Own Oatmeal Bar Biscuit & Hash Brown	Build Your Own Oatmeal Bar Breakfast Pizza
23	24	25	26	27
Build Your Own Oatmeal Bar Pancakes with Syrup Burst	Build Your Own Oatmeal Bar Cheese Omelet	Build Your Own Oatmeal Bar Sausage and Cheese Bagel	Build Your Own Oatmeal Bar Sausage and Cheese Bagel	NO SCHOOL
30			BREAKFAST	LUNCH
Build Your Own Oatmeal Bar Pancakes with Syrup Burst			Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.00	Student Prices \$2.65 Paid \$0.40 Reduced* Adult/Staff \$3.99

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