

# Dragon Newsletter



Volume 2, Issue 7  
September 25th, 2019

## UPCOMING EVENTS

- ◆ **10/1:** [6-8PM]  
Cash for College Night
- ◆ **10/1:** [6-7PM]  
Track & field meeting
- ◆ **10/2:** End of Quarter incentive
- ◆ **10/3-10/14:** Fall break
- ◆ **10/15:** First day of Term 1, Quarter 2

*Believe  
you can  
— & —  
you're halfway  
there.*

T. ROOSEVELT

View the Dragon Newsletter on our website!

[www.sthope.org/sac-high-home](http://www.sthope.org/sac-high-home)



I AM A... Dragon Parent



9th—12th Grade

## GOOO DRAGONS!

*Interested in Track & Field??* There is a MANDATORY track and field parent & student meeting from 6-7PM on Tuesday, 10/1 in the Sac High library. Dinner provided.

## Midterms are around the corner!

Take advantage of office hours and Dragon Academy so you can ACE your midterms!



9TH & 10TH GRADE			
<b>FRIDAY, 9/27</b> 1st 7:55-10:15 4th 10:25-12:45 Lunch 12:45-1:15 2nd 1:19-2:26 5th 2:31-3:40 Dismissal 3:40PM	<b>MONDAY, 9/30</b> 2nd 7:55-10:15 5th 10:25-12:45 Lunch 12:45-1:15 3rd 1:19-2:26 6th 2:31-3:40 Dismissal 3:40PM	<b>TUESDAY, 10/1</b> 3rd 7:55-10:05 6th 10:15-12:25 Dismissal 12:25PM	<b>WEDNESDAY, 10/2</b> End of Quarter Incentive: 9th: Capitol Bowl 10th: Movie at DOCO Dismissal for all 9th & 10th 12:25PM

11TH & 12TH GRADE		
<b>MONDAY, 9/30</b> 1st 7:55-9:55 2nd 10:05-12:05 Lunch 12:05-12:40 3rd 12:45-2:45 Dismissal 2:45PM	<b>TUESDAY, 10/1</b> 4th 7:55-9:55 5th 10:05-12:05 Dismissal 12:05PM	<b>WEDNESDAY, 10/2</b> End of Quarter Incentive: Country Club Lanes Return at 12:30PM <hr/> Students not attending the incentive field trip will be dismissed at 11:05AM

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[www.sthope.org](http://www.sthope.org)



## SENIORS \*\*CLASS OF 2020\*\*

# CASH for COLLEGE

Attention Seniors and Their Families - Our FAFSA and Dream Act Cash for College Night is **October 1st from 6 to 8 pm at Sac High!** All seniors and families **MUST** attend unless the family is familiar with the FAFSA/Dream Act and will file earlier in the day. October 1st is the first day to submit FAFSA or Dream Act applications - the earlier it is submitted, the more financial aid you may be awarded! Questions?

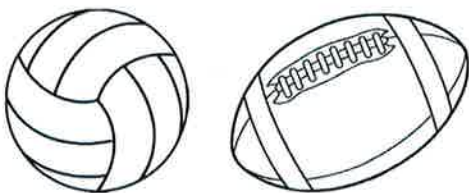
Contact Mr. Marks at:

[collegecounselor@sachigh.org](mailto:collegecounselor@sachigh.org)



## FALL SPORTS SCHEDULE

Show your **DRAGON PRIDE!**



FOOTBALL	
10/3 SCHS vs. El Camino	Away
10/11 SCHS vs. Capital Christian	Away
10/18 SCHS vs. Rio Americano	HOME (SCC)

GIRLS VOLLEYBALL	
9/25 SCHS vs. Vista Del Lago	Away
9/27 SCHS vs. Rosemont	Away
9/30 SCHS vs. Christian Brothers	HOME

### Community Service Opportunities



#### City of West Sacramento

West Sacramento Parks & Recreation consists of three separate functions: a parks division, recreation division and our Tree Program. These programs are designed to help local residents improve their overall health and quality of life. Volunteer opportunities include Junior Giants youth baseball program, Junior NBA youth basketball program, Sports Camp and Special Events. Minimum age 14. If you're interested, contact:

Chris Froshaug

916-617-4770 · [chrisf@cityofwestsacramento.org](mailto:chrisf@cityofwestsacramento.org)

[westsacfun.org](http://westsacfun.org)

#### Sacramento S.T.A.R.T.

Sacramento S.T.A.R.T. is an after school program for grades K-6. Volunteer opportunities include homework assistance, enrichment, ex: (arts and crafts, singing, music, dancing), and recreation. Minimum age 12. If you're interested, visit:

[sacstart.org](http://sacstart.org) or [btrr.im/bxu6](http://btrr.im/bxu6)

