

# Triumph Menu June 2017



USDA and this institution are equal opportunity providers.

	Monday	Tuesday	Wednesday	Thursday	Friday
Break-fast				French Toast Turkey Sausage & Seasonal Fruit	Cheerios with Yogurt & Seasonal Fruit
Lunch				Turkey Hot Dog Baked Fries & Seasonal Fruit	Cheese Pizza with Tossed Green Salad & Seasonal Fruit
Snack				Fruit Yogurt Seasonal Fruit	Cheez-its Seasonal Fruit
Break-fast	5 Yogurt with Granola & Seasonal Fruit	6 Waffle Turkey Sausage & Seasonal Fruit	7 Pancake on a Stick & Seasonal Fruit	8 <b>Closed</b>	9 <b>Closed</b>
Lunch	Chicken Strips with Roll and Veggies	Bean & Cheese Burrito with Brown Rice & Seasonal Fruit	Chicken Nuggets with Roll & Corn & Seasonal Fruit	<b>Closed</b>	<b>Closed</b>
Snack	Cheese Stick Saltine Crackers	Cheez-its Sliced Oranges	Pretzels Sliced Apples		
Break-fast	12 Yogurt with Granola & Seasonal Fruit	13 Egg & Cheese English Muffin & Seasonal Fruit	14 Pancakes Turkey Sausage & Seasonal Fruit	15 French Toast Turkey Sausage & Seasonal Fruit	16 Cheerios with Yogurt & Seasonal Fruit
Lunch	Popcorn Chicken with Baked Fries & Seasonal Fruit	Turkey Sandwich with Tossed Green Salad & Seasonal Fruit	Chicken Strips with Roll & Veggies & Seasonal Fruit	Turkey Hot Dog Baked Fries & Seasonal Fruit	Cheese Pizza with Tossed Green Salad & Seasonal Fruit
Snack	Animal Crackers Fresh Bananas	"Ants on a Log" Celery Stick, Soy Butter, Raisins & Seasonal Fruit	Carrots & Celery Goldfish Crackers	Fruit Yogurt Seasonal Fruit	Cheez-its Seasonal Fruit
Break-fast	19 Pancakes Turkey Sausage & Seasonal Fruit	20 Pancake on a Stick & Seasonal Fruit	21 Yogurt with Granola & Seasonal Fruit	22 Biscuit Turkey Sausage & Seasonal Fruit	23 Cheerios with Yogurt & Seasonal Fruit
Lunch	Chicken Strips with Roll & Veggies & Seasonal Fruit	Bean & Cheese Burrito with Brown Rice & Seasonal Fruit	Cheese Enchilada with Black Beans & Seasonal Fruit	Turkey Hot Dog Baked Fries & Seasonal Fruit	Chicken Nuggets with Roll & Corn & Seasonal Fruit
Snack	Carrots & Celery Goldfish Crackers	Fruit Yogurt & Seasonal Fruit	Animal Crackers Fresh Banana	Cheese Stick Saltine Crackers	Pretzels Sliced Apples
Break-fast	26 Yogurt with Granola & Seasonal Fruit	27 Egg & Cheese English Muffin & Seasonal Fruit	28 Waffle Turkey Sausage & Seasonal Fruit	29 Pancake on a Stick & Seasonal Fruit	30 French Toast Turkey Sausage & Seasonal Fruit
Lunch	Turkey Corn Dog Baked Fries & Seasonal Fruit	Chicken Sandwich Tossed Green Salad & Seasonal Fruit	Bean & Cheese Burrito with Brown Rice & Seasonal Fruit	Popcorn Chicken with Baked Fries & Fruit	Turkey Hot Dog Baked Fries & Seasonal Fruit
Snack	Nabisco Nilla Wafers Fresh Banana	"Ants on a Log" Celery Stick, Soy Butter, Raisins & Seasonal Fruit	Cheez-its Sliced Oranges	Pretzels & Sliced Apples	Fruit Yogurt Seasonal Fruit

Low-fat milk is served with every breakfast and lunch.

**Breakfast Prices:** \$1.50 paid, \$.30 reduced\*, \$2.50 Adults,

**Lunch Prices:** \$2.55 paid, \$.40 reduced\*, \$3.25 Adults

\*You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program, call the food service office at 916.649.7844.

Some menu items may change due to availability of products.