

## Oak Park Preparatory Academy May 2019



## **Comfort Foods (Line B)**

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		1	2	3		
OAK PARK PREP	Choose My Plate gov	Pizza Day! Pepperoni Cheese	Cheeseburger Macaroni & Cheese Garlic Breadstick	Pasta with Meat Sauce Garlic bread		
6	7	8	9	10		
Steak Burrito Beans and Rice	Orange Chicken w/ Stir Fry Vegetables	Pizza Day! Pepperoni Cheese	Pasta with Meat Sauce Garlic bread	Baked Potato Bar		
13	14	15	16	17		
Shredded Beef Tacos Beans and Lime Rice	Homestyle Chicken Basket Garlic Toast	Pizza Day! Pepperoni Cheese	Beef Nachos	Minimum Day		
20	21	22	23	24		
Cheeseburger Macaroni & Cheese Garlic Breadstick	Buffalo Chicken Salad	Pizza Day! Pepperoni Cheese	Baked Potato Bar	Teriyaki Chicken Vegetable Rice		
27	28	29	30	31		
NO SCHOOL	Broccoli Beef Stir Fry Vegetables	Beef Chili & Cornbread	Steak Burrito Beans and Rice	Pasta with Meat Sauce Garlic bread		
Grill Options (Line A)						
Monday	Tuesday	Wednesday	Thursday	Friday		
Classic Burger Daily Side Salad Bar	Nashville Hot Chicken Daily Side Salad Bar	Pizza Day! Salad Bar	Featured Burger Daily Side Salad Bar	Student Choice Winner! BBQ Chicken Flatbread Salad Bar		

## Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

#### Daily Sandwiches

Turkey & Cheese

Ham & Cheese

Tuna Sandwich

#### Wraps: Rotating Selection

Crispy Chicken Wrap

Deli Wrap

Turkey Wrap



#### Daily Salad Bar & Condiments

Monday Carrots, Diced Fruit

**Tuesday** Jicama, Kale, Fruit

Wednesday Tomato & Cucumber, Salad

Thursday Beets, Potato Salad

Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Asian Chicken Salad

Tuesday Caesar Chicken Salad

Wednesday Caesar Chicken Salad

Thursday Chopped Chicken Salad

Friday Asian Chicken Salad

## Mobile Cart (Line D)

A rotating selection of popular items will be available in our Snack bar



Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products. Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916.649.7844.

USDA and this institution are equal opportunity providers.



See reverse for student and non-student meal pricing



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## **Breakfast**

		1	2	3
	I COUNTY	Build Your Own	Build Your Own	Build Your Own
		Parfait	Parfait	Bagel Bar
	Choose MyPlate.gov	Pancakes	Breakfast Bar	Cinni Rush French Toast
OAK PARK PREP	ChoosePlyPlacegov	with Syrup Burst		
6	7	8	9	10
Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
Parfait	Parfait	Parfait	Parfait	Parfait
Breakfast Burrito	Cinni Rush French Toast	Pancakes	Breakfast Pizza	Bagel and Cream Cheese
		with Syrup Burst		
13	14	15	16	17
Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
Breakfast Bar	Breakfast Burrito	Sausage & Cheese Biscuit	Cinni Rush French Toast	Bagel and Cream Cheese
20	21	22	23	24
Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
Sausage & Cheese Bagel	Pancakes	Bagel and Cream Cheese	Cinni Rush French Toast	Breakfast Pizza
	with Syrup Burst			
27	28	29	30	31
	Build Your Own	Build Your Own	Build Your Own	Build Your Own
NO SCHOOL	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
	Breakfast Burrito	Breakfast Burrito	Breakfast Burrito	Breakfast Burrito

### **Meal Prices**

St. HOPE Public Schools is participating in the Community Eligibility Provision for its meals program during the 2018-19 school year.

This means St. HOPE is able to provide one **free breakfast** and one **free lunch** to each enrolled student in attendance during designated meal times each school day as part of the School Breakfast Program and National School Lunch Program.

There is no need for families to apply for this program. Every enrolled student qualifies.

Non-student pricing is \$2.00 for breakfast, and \$3.99 for lunch.

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