

DRAGON NEWSLETTER

Dragon Family,

I hope that you had an opportunity during the winter break to relax and reconnect with family and friends. We all worked hard the past term. This is reflected in the variety of accomplishments that our students and staff have achieved just in the past five months. We know that many more will be added to this list as we move through spring term.

Some of the accomplishments of the first term include:

- All seniors completed their college applications and almost all of them have also
 checked off completing their financial aid paperwork. We can't wait for them to share
 their acceptance letters with us in the spring. We already have more than 90% of our
 students who received acceptance into an HBCU.
- All juniors completed the PSAT in October in order to practice taking the SAT and to
 have guidance in their test preparation. The official scores will arrive in January. At that
 time all juniors will review their score reports with the College Counselor and their advisory teacher. Students will learn how to read the report and how to identify where they
 need to focus their studying before taking the SAT.
- The sophomores in our health sciences pathway hosted the first annual Heart Fair. The students made models of functioning hearts. The creativity used was impressive. During both lunches the students discussed their models and the functions of the heart with students and staff.
- Five students from the Youth Activist Alliance were invited by Ed-Trust West to serve
 on a panel to discuss school culture and cultural proficiency at a conference of school
 leaders from throughout the state. These students will now be leading workshops for
 our staff related to the same topics.
- The grade level parent leads organized a Parent Pop In to give parents a space to learn about what is happening at school and meet other parents. The feedback from parents was positive and this will now be a monthly event for parents to socialize with one another and hear about upcoming events at Sac High.
- A variety of our clubs collaborated to host events in October in honor of the 50th anniversary of the Black Panther Party. They did a wonderful job of displaying art, performing inspired dances, hosting trivia at lunch and attended the showing of the documentary about the Black Panther Party.
- Our revamped Dragon Academy is running new systems and routines and has doubled attendance. Sacramento County Office of Education made an audit visit, and we passed with flying colors. They had many positive things to say about the program and the

As we move into term two of this school year, please take the time to talk to your child about how they feel term one went. What are the goals they want to set for themselves in the next term and what steps will they take to meet those goals? Please reach out to staff that can support you and your child in meeting those goals. Let the front office know if you need another copy of your Illuminate login information so that you can track your child's grades and attendance on a regular basis.

We are excited to share that thanks to the organization and facilitation of Jim Scheible, with the support of our students and staff, we completed charter renewal and our charter has been approved by Sacramento City Unified School District for another five years. Our facilities agreement has also been approved again. We look forward to continuing our work together to meet the vision and mission of St. HOPE in the years to come.

Happy New Year,

Dr. Michelle Seijas

<u>Insíde Thís Issue:</u>

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Parents ROAR

Each month our parent group, Parents ROAR will be hosting a Parent Pop In. Drop off your student and "Pop In" for a chat over a warm cup of coffee or hot cocoa and a sweet treat. This is a great opportunity to get to know other parents, our leadership team and to find ways to connect on campus. We hope you will join us in the library on the following dates:

Jan 11th



College Counseling Updates

Juniors

It is time to sign up for ACT and SAT exams! All Sac High graduates are required to take the ACT and/or SAT at least once. The recommended ACT date is 4/8 (sign up by 3/3), and the recommended SAT with Writing date is May 6th (sign up by April 7th). If students qualify for free or reduced lunch, then they can take the exams for free. Please turn in lunch forms ASAP if you have not done so already - they are located in the front office. Otherwise, the tests cost around \$59 each. All juniors will have a chance to sign up for the exams during their English classes in early February.

Seniors

If any senior is considering a CSU campus for the fall, they need to take the English and Math placement exams on February 11th at Sac State (sign up by 1/27). The cost of each exam is \$18 if you sign up before January 1st or \$20 each after that date, and there is no fee waiver for them. Some students do not need to take the exams because they have scored high enough on the ACT, SAT, or EAP exams. Students should see their advisor to know if they need to sign up for the exams or not. Any student who does not take the exams (and is not exempt through previous test scores) will have their applications withdrawn.

If you have any questions or concerns about your child's college path, please contact David Marks at collegecounselor@sachigh.org or 916-275-9628.

Black Student Union

The Black Student Union Club recently attended the Northern Region BSUs Conference at CSU East Bay. This was this group's first conference. Students were able to participate in workshops such as The Road to College (What you think you know) given by current college students and What about Social Media where they discussed social media traps and how to avoid them.

Our Students were able to take a tour of CSU East Bay. Participants had a great time and left with a wealth of knowledge. They are looking forward to the next conference.







Athletics



On December, 18-22, 2016 the Lady Dragons Basketball team will be competed at the Nike Tournament of Champions in Phoenix, Arizona. The TOC is considered the greatest high school basketball event in the world. Since 1997 it has hosted more than 20,000 athletes from all over the nation including Canada. The event serves as a platform that showcases top pedigree competition, including future collegiate and professional stars. This will be the 9th year of participation for the Lady Dragons.

Seniors Maya Lawrence and Sasha Brown lead a young but spirited team into the national competition. Brown, a 5 foot- 9 inch guard has already committed to Cal State University Long Beach on a full-athletic scholarship, while the three-sport athlete, Lawrence is seeking to solidify herself as one of the top power forwards in the region. Sophomore point guard Ryanne Walters adds speed and agility to the mix and has already began to turn heads with her composure and demeanor.

Head Coach Massari calmly cultivates her crop of talent and welcomes the adversity stating, "We are learning while on the job. We have to be able to react, grow, and move through the competition regardless of how young we are. The best part about our journey is that we are facing state championship programs from everywhere and truly growing as a team. Our motto is, *Whatever it takes to be Dragon Strong*. There are no excuses if you want to be a champion. This has always been the key to our success and will continue to be so for many more years."

Metro League play will begin on January 9, 2017 when the Purple and White will host Kennedy High School at the Dragon Lair. Tip-off is set for 7:00pm.

GO DRAGONS!!!

For a complete schedule of all our athletic teams visit us at www.sachigh.org and make sure to follow Sac High Athletics on:

Instagram: Sachighathletics

Twitter: Sac High Athletics: @qualityedforall Facebook: Sacramento Charter High School

Advisory

We are glad to report that all stakeholders are making Advisory the **most important class on campus**!

9th grade is focusing on learning the seven habits of our highly effective team.

10th grade is focusing on learning about service for others.

11th grade is focusing on CAASPP/ACT testing strategies.

12th grade is focusing on CSU and UC college applications, as well as financial aid and scholarship applications.



Testing season is coming up this spring. Please ensure your student has a quiet place to study at home where they can focus without distractions!

Test	Date	Students testing
Smarter Balanced ELA	April 11 th & 12 th	11 th grade
Smarter Balanced MATH	April 18 th & 19 th	11 th grade
CAST – Science	April 25 th & 26 th	10 th grade
AP English Lit & Comp	May 3 rd	Students enrolled in the class
AP US Gov & Politics	May 4 th	Students enrolled in the class
AP US History	May 5 th	Students enrolled in the class
AP Biology	May 8 th	Students enrolled in the class
AP Calculus AB	May 9 th	Students enrolled in the class
AP World History	May 11 th	Students enrolled in the class

If you have any questions please contact Faye Lawrence Email: flawrence@sthopepublicschools.org
Phone: 916.277.6200 x2106

Career Pathways

Sac High scholars have the unique opportunity to participate in a Career Pathway program, starting their sophomore year. The seven Career Pathways offered are: Engineering, Visual Communications, Health, Art, Business, Photography and Law & Public Service. During the summer, Pathway teachers participated in a Project Based Learning (PBL) seminar. Each pathway will be taking on a PBL project guided by an essential question. This fall term, sophomores and capstone seniors, have been busy transforming classroom learning into experiences the school and community can enjoy. Certain Pathways collaborated with Edible Sac High for their projects, in order to increase the connectivity between students learning and our garden.

Engineering- Students from engineering designed and have been working on building multiple greenhouses for the garden. After extensive research and a field lesson to greenhouse spaces at Sacramento State, engineering students returned eager to bring their ideas to fruition. After designing small scale models they started construction. During 4th and 5th period, it is not uncommon to see students working with cement, bricks, wood, and power tools. Their final projects are set to be ready for use December 15th. The green house will allow ESH to house winter plants that are protected from the elements and hold seedlings at larger capacity.

Business- Our young entrepreneurs having been handling several projects this term. The Torch student store, last year's senior project, is kept running smoothly, stocked, and organized by current business scholars. This term they have decided to take on a spicy business venture. While they are still in the early phase of their business plan, this year the 10th/12th grade Business class has joined the garden to create Sac High's own hot sauce sourcing habanero's from our garden. Scholars will work with local chefs to create recipes and learn about food policy, health regulations, manufacturing, and branding.



-Philanthropy in business. Students have continued their t-shirt business and have created a memorial shirt for Deston Garrett, "Nutter". A portion of the proceeds from the shirt sales will go to a student scholarship fund.

<u>Health</u>- Are you heart healthy? Sophomores hosted their first annual "Heart fair" during lunch. Spectators we asked to interact with health students by asking questions. Health students shared their displays of the heart and educated the audience on its functions, heart healthy foods, risk factors for heart disease, and prevention.

Career Pathways ... cont.

<u>Art-</u>Displays of the changing light artwork adorned the garden during this year's Seeds of Hope dinner. Creativity was abundant, as art scholars deconstructed light up toys and transformed them into beautiful nighttime displays. Also on display were geometrical designs brought to life with black lights.

-The Fall Art Show is currently on Display in the East Wing Commons



<u>Visual Communications</u>- Color wheels, pixels, cropping; Visual communications students are becoming experts in everything from technical vocabulary to using Photoshop to create an image of themselves on another planet.

During their PBL project scholars explored the influence of media and campaign commercials on elections. Students applied their skills in video production to create, edit and share their own ad-campaigns based on the actual election.

<u>LPS</u>- Have you heard of Sac High's latest heroes? The Restorative Justice League is a student led group on a mission to transform school culture, one case at a time. LPS students, participating in the program, will take on lower-level discipline cases, apply restorative justice to repair harm and reinforce positive relationships. Scholars will process cases, hear the cases, decide on the verdict, and provide continued support to defendants.

Photography- It's all about the elements! Throughout the term students have been working on elements of photography and have gone from identifying elements of photography in printed media to creating their own original pieces of work displaying each.

We are also excited to welcome Ms. Rhea back to the classroom. Ms. Rhea was on maternity leave the first part of the term and we gratefully welcome a beautiful baby girl to the Dragon family.

Upcoming Spring Term Events

- <u>-Freshmen Pathway Selection</u>- All 9th grade scholars will be selecting their top 3 choices for Career Pathway. Remember this a 3 year commitment, since their choices will determine their elective courses from 10th-12th grade, make sure to help you scholar research their interest and find the best fit
- <u>-Pathway Change</u>- If for some reason a student elects to switch Pathway they will only have 1 opportunity. This change must be made before May of their 10th grade year. Please see your counselor or reach out to Leticia Magaña, Pathway coordinator, at <u>lmagana@sachigh.org</u>.
- <u>-Health Fair</u> –May 12th, 2015. Health Pathway Scholars will partner up with local organizations to promote healthy living and health education. The health fair will be held during both lunches.
- <u>-Best of Sac High Art Show-</u> May 2015. All Visual-Communications, Art, and Photography students can submit pieces to be considered for the show, even if they are not enrolled during the spring term because they took the course this fall. Student's art work will be available for purchase, with 100% of the proceeds going to the artist. Awards will be presented during opening ceremony.

Any questions regarding our Career Pathways please contact: Leticia Magaña, Pathway Coordinator lmagana@sachigh.org

Activities

Upcoming Events!

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Winter Break
First Day of Term 2
Black History Month
Spring Break

Date

Dec 22 - Jan 10 Jan 11 Feb 1- Feb 28 Mar 23-Apr 4

<u>Time</u>

N/A 7:55am-3:35pm Both Lunches N/A

Location

N/A SCHS SCHS N/A

Senior Class Trip

Scheduled for May 19th, 2017. Deadline to make the initial payment of \$100.00 is due December 16, 2016. All payments should be made to USA Student Travel, go online at www.USAStudentTravel.com to register and make payments. Final payments must be received by March 10th.



HEY DRAGONS!

Get Involved, Join a Club!

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Mon	Tue	Wed	Thu	Fri			
Social Justice Club	Soccer Club	Young Life	Soccer Club	Chess Club			
E-8 @ 4 pm	Field @ 4 pm	P20 @ 2 pm	Field @ 4 pm	E-38 @ 3:35 pm			
M.E.C.H.A	Jewelry Club	Computer Lab	Jewelry Club	M.I.S.S.E.S			
P13 @ 3:35 pm	W-5 @ 3:35 pm	(MUST sign up)	W-5 @ 3:35 pm	P19 @ 3:35 pm			
M.I.S.S.E.S	M.I.S.S.E.S	Cooking Club	M.I.S.S.E.S	S.T.E.M			
P19 @ 3:35 pm	P19 @ 3:35 pm	Commons @ 2 pm	P19 @ 3:35 pm	E29 @ 4 pm			
S.I.R.S	Young Millionaires	S.I.R.S	BSU				
MLAT @ 4 pm	E 14 @ 3:35 pm	E36 @ 2 pm	P15 @ 3:35 pm				
Drumline (D.W.E.)		Drumline (D.W.E)	Drumline (D.W.E.)				
Annex @ 3:45 pm		Annex @ 2 pm	Annex @ 3:45 pm				
Fashion Club		Fashion Club	Young Activist Alliance				
E12 @ 3:45 pm		E12 @ 2:10 pm	E30 @ 3:40 pm				
BSU							
E19 @ 3:40 pm							
M.O.G.A.I.							
Annex 3 @ 3:50 pm							
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Study Hall is available every day after school in room P10

Expanded Learning

After School Safety and Enrichment for Teens (ASSETs)

Clubs and activities have been busy after school this term! As we continue into the next year, we are focused on creating exciting and engaging opportunities for students to get involved after the last bell rings. Take a look at what we are working on in Term 2!



California Voices



The Center for Multicultural Cooperation (CMC) will be on campus this year once a week! Their focus is to "train students to produce videos highlighting local or cultural history, and videos identifying community and school wide issues to devise solutions." If you're interested in film production and journalism, sign up in the Front Office.

Mentorship Program

We are looking for responsible and mature Sac High seniors to serve as Mentors in our Mentorship Program! Here you will get the opportunity to work with middle school students on campus in their after school program and also serve as Mentors for current Sac High students through the Restorative Justice program. If you are interested, contact Ms. Alex at (916) 583-3849.



Sacramento Area Youth Speaks (SAYS)

SAYS is an organization through UC Davis that holds weekly workshops on campus for students to explore their voice and express themselves through poetry and spoken word. Our very own Sac High Alumni, Takarra Johnson, will be leading these workshops every Thursday beginning at 4:00 pm in the Mel Lawson Theater.







2315 34th Street Sacramento, CA 95817

Phone: 916-277-6200 Fax: 916-277-6370 Website: www.sachigh.org



Polo \$15.00

PE Set \$20.00

V-Neck Sweater \$25.00

All Weather Jacket \$35.00

Letterman Jacket \$40.00

Black Belts \$3.00

Special Items for Sale The Torch Student Store

ASB Stickers \$35.00

-Free entry to all Sac High home games (excluding playoffs and champion games) -Discount on Dance Tickets

-Discount on Prom Tickets

Yearbook ONLY for PRE-SALE

\$45.00



Front Office Manager: — Tranisha Agee — ext: 2200

Attendance Manager — Juanda Starks — ext:2207

Store Manager — Sherry Scott — ext: 2209

College Counselor — David Marks — 916-275-9628

Lead Counselor — Maya Dennis — ext: 2315