





SIMPLY >GOOD<

PS7 Elementary Menu

September 2016

USDA and this institution are equal opportunity providers and employers.

Monday	Tuesday	Wednesday	Thursday	Friday
chartw eat. lea	ells (Choose My Plate gov	Turkey Corn Dog Baked Fries Turkey Chef Salad	NO SCHOOL
5	6	7	8	9
NO SCHOOL LABOR DAY	Soft Beef Tacos Refried Beans	Mac & Cheese Veggies Dinner Roll	Chicken Breast Tenders Mashed Potatoes	Hot Baked Cheese Pizza
	Ham & Cheese Sandwich	Turkey & Cheese Wrap	Turkey Chef Salad	Chicken Ranch Wrap
12	13	14	15	16
Fish Sticks Mashed Potatoes	Sloppy Joe Baked Fries	Baked Ziti Veggies with Breadstick	Teriyaki Chicken Brown Rice & Stir Fry-Veggies	Hot Baked Cheese Pizza
Chicken Caesar Salad	Ham & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey Chef Salad	Chicken Ranch Wrap
19	20	21	22	23
Toasted Triple Cheese Tator Tots	Turkey Hot Dog Baked Beans	Spaghetti & Meatballs Veggies & Breadstick	Chicken Sandwich Baked Fries	Hot Baked Cheese Pizza
Chicken Caesar Salad	Ham & Cheese Sandwich	Turkey & Cheese Wrap	Turkey Chef Salad	Chicken Ranch Wrap
26	27	28	29	30
Cheeseburger Baked Fries	Cheese Quesadilla Mexicali Corn	Turkey Macho Nachos	BBQ Rib Sandwich Baked Beans	Hot Baked Cheese Pizza
Chicken Caesar Salad	Ham & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey Chef Salad	Chicken Ranch Wrap

Breakfast Prices: \$1.50 paid, \$.30 reduced*, \$2.50 Adults, **Lunch Prices:** \$2.55 paid, \$.40 reduced*, \$3.25 Adults Some menu items may change due to availability of products. Low-fat milk is served with every breakfast and lunch.

*You may qualify for free or reduced price meals. Applications are available at all schools and the district office.

For questions regarding the food service program you can call the food service office at 916.649.7844