

March 2017 Lunch Menu Sacramento Charter High School

March 2017



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Pastrami & Cheese
Salami & Cheese
Ham & Cheese
Turkey & Cheese
Tuna Salad Sandwich

Wraps

Selections Rotate
BBQ Chicken Wrap
Buffalo Chicken Wrap
Chicken Caesar Wrap
Chipotle Chicken Wrap
Santé Fe Turkey Wrap



Daily Salad Bar with Condiments

Today's Feature

Monday
Carrots & Beans
Tuesday
Broccoli & Celery
Wednesday
Tomatoes & Cucumbers
Thursday
Salad & Beans
Friday
Carrots & Celery



Favorite Comfort Foods & International Flavors Served

BREAKFAST	LUNCH	1	2	3
Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.50	Student Prices \$2.55 Paid \$0.40 Reduced* Adult/Staff \$3.25	BBQ Pulled Pork with Baked Beans & Dinner Roll	Chicken Parmesan with Penne Pasta & Dinner Roll	Fresh Baked Pizza with Caesar Salad
6	7	8	9	10
Chicken Alfredo with Broccoli & Dinner Roll	Chili Cheese Dog with Baked Beans & Fresh Sautéed Vegetables	Chicken Strip Basket with Baked Fries Green Bean & Dinner Roll	Spaghetti & Meatballs with Fresh Vegetables	Fresh Baked Pizza with Garden Salad
13	14	15	16	17
Sloppy Joes with Mashed Potatoes	Mac-n-Cheese with Veggie Medley & Dinner Roll	Italian Meatball Sub with Green Salad & Dinner Roll	Beef Macho Nachos Mexican Style Rice & Spicy Beans	Fresh Baked Pizza with Caesar Salad
20	21	22	23	24
Triple Grilled Cheese with Tomato Soup	Roasted Turkey Mashed Potato & Green Beans	Teriyaki Chicken with Brown Rice & Stir-Fry Veggies	NO SCHOOL	 Choose MyPlate.gov
27	28	29	30	31
NO SCHOOL			NO SCHOOL	



Classic Cheese pizza, Veggie and Pepperoni pizza served on Friday
All pizza made w/ reduced fat cheese & whole grain crust. Includes salad bar.

Specials

Week 1 Buffalo Chicken
Week 2 Italian Sausage
Week 3 Meatball
Week 4 Hawaiian
Week 5 BBQ Chicken



Includes daily potato choice and salad bar.

Specials

Monday: Chicken Sandwich
Tuesday: Hamburger or Cheeseburger
Wednesday: Chicken Strips
Thursday: Turkey Corn Dog
Daily: Popcorn Chicken



Fresh Food Fast- Packaged for Grab N' Go
(Salads served with a dinner roll)

Specials

Monday: Asian Chicken Salad
Tuesday: Ham & Turkey Chef Salad
Wednesday: Spinach Salad
Thursday: Satsuma Cobb Salad
Daily: Chicken Caesar Salad

**Questions please call:
Director of Dining Services
916.649.7844**

USDA and this institution are equal opportunity providers.

*You may qualify for free or reduced price meals. Applications are available at all schools and the district office.
Low-fat milk is served with every breakfast and lunch.
Some menu items may change due to availability of products.