

January 2017



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Pastrami & Cheese
Salami & Cheese
Ham & Cheese
Turkey & Cheese
Tuna Salad Sandwich

Wraps

Selections Rotate
BBQ Chicken Wrap
Buffalo Chicken Wrap
Chicken Caesar Wrap
Chipotle Chicken Wrap
Santé Fe Turkey Wrap



Daily Salad Bar with Condiments

Today's Feature

Monday
Carrots & Beans
Tuesday
Broccoli & Celery
Wednesday
Tomatoes & Cucumbers
Thursday
Salad & Beans
Friday
Carrots & Celery



Favorite Comfort Foods & International Flavors Served

2	3	4	5	6
NO SCHOOL	Happy New Year!			NO SCHOOL
9	10	11	12	13
NO SCHOOL	NO SCHOOL	Chicken Strip Basket with Baked Fries Green Bean & Dinner Roll	Chicken Alfredo with Steamed Broccoli & Dinner Roll	Fresh Baked Pizza with Garden Salad
16	17	18	19	20
	Mac-n-Cheese with Veggie Medley & Dinner Roll	Italian Meatball Sub with Green Salad & Dinner Roll	Beef Macho Nachos Mexican Style Rice & Spicy Beans	Fresh Baked Pizza with Caesar Salad
23	24	25	26	27
Spaghetti & Meatballs with Breadstick	Roasted Turkey Mashed Potato & Green Beans	BBQ Pulled Pork Sandwich with Broccoli	Beef Enchiladas with Rice & Beans	Fresh Baked Pizza with Garden Salad
30	31			
Chicken Pasta Bake with Garlic Bread	Triple Grilled Cheese with Baked Fries		BREAKFAST Student Prices \$1.50 Paid \$0.30 Reduced* Adult/Staff \$2.50	LUNCH Student Prices \$2.55 Paid \$0.40 Reduced* Adult/Staff \$3.25



Classic Cheese pizza, Veggie and Pepperoni pizza served on Friday
All pizza made w/ reduced fat cheese & whole grain crust. Includes salad bar.

Specials

Week 1 Buffalo Chicken
Week 2 Italian Sausage
Week 3 Meatball
Week 4 Hawaiian
Week 5 BBQ Chicken



Includes daily potato choice and salad bar.

Specials

Monday: Chicken Sandwich
Tuesday: Hamburger or Cheeseburger
Wednesday: Turkey Corn Dog
Thursday: BBQ Riblet Sandwich
Daily: Popcorn Chicken



Fresh Food Fast- Packaged for Grab N' Go (Salads served with a dinner roll)

Specials

Monday: Asian Chicken Salad
Tuesday: Ham & Turkey Chef Salad
Wednesday: Spinach Salad
Thursday: Satsuma Cobb Salad
Daily: Chicken Caesar Salad

**Questions please call:
Food Service Director
916.649.7844**

USDA and this institution are equal opportunity providers.

***You may qualify for free or reduced-price meals. Applications are available at all schools and the district office.
Low-fat milk is served with every breakfast and lunch.
Some menu items may change due to availability of products.**