

August 2016 Lunch Menu Oak Park Prep

AUGUST 2016



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Pastrami & Cheese
Salami & Cheese
Ham & Cheese
Turkey & Cheese
Tuna Salad Sandwich

Wraps

Selections Rotate
BBQ Chicken Wrap
Buffalo Chicken Wrap
Chicken Caesar Wrap
Chipotle Chicken Wrap
Santé Fe Turkey Wrap



Favorite Comfort Foods & International Flavors Served

1	2	3	4	5
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
8	9	10	11	12
NO SCHOOL	NO SCHOOL	Sloppy Joe with Sweet Mashed Potatoes	Sweet & Sour Chicken with Brown Rice & Stir-Fry Veggies	Fresh Baked Pizza Italian Meatball Sub
15	16	17	18	19
Mac & Cheese with Breadstick	General TSO Chicken with Brown Rice	Spaghetti & Meatballs	Turkey Taco Salad	Fresh Baked Pizza Beefy Bean & Cheese Burrito
22	23	24	25	26
Chicken Alfredo with Veggie Medley & Breadstick	Beef Enchiladas Mexican Style Rice & Spicy Beans	Savory Baked Stuffed Potatoes	Hot Dog Twist with Baked Fries	Fresh Baked Pizza Hot Wings
29	30	31	BREAKFAST LUNCH	
Pepperoni Pasta Bake with Roasted Summer Squash	Triple Grilled Cheese with Baked Fries	Mashed Potato & Chicken Bowl	Student Prices \$1.50 Paid \$0.30 Reduced Adult/Staff \$3.25	Student Prices \$2.55 Paid \$0.40 Reduced Adult/Staff \$3.25
Low-fat milk is served with every breakfast and lunch.				



Daily Salad Bar with Condiments

Today's Feature

Monday
Carrots & Beans
Tuesday
Broccoli & Celery
Wednesday
Tomatoes & Cucumbers
Thursday
Salad & Beans
Friday
Carrots & Celery



Classic Cheese pizza, Veggie and Pepperoni pizza served on Friday
All pizza made w/ reduced fat cheese & whole grain crust. Includes salad bar.

Specials

Week 1 Buffalo Chicken
Week 2 Italian Sausage
Week 3 Meatball
Week 4 Hawaiian
Week 5 BBQ Chicken



Includes daily potato choice and salad bar.

Specials

Monday: Chicken Sandwich
Tuesday: Hamburger or Cheeseburger
Wednesday: Turkey Corn Dog
Thursday: BBQ Riblet Sandwich
Daily: Popcorn Chicken



Fresh Food Fast- Packaged for Grab N' Go (Salads served with a dinner roll)

Specials

Monday: Asian Chicken Salad
Tuesday: Ham & Turkey Chef Salad
Wednesday: Spinach Salad
Thursday: Satsuma Cobb Salad
Daily: Chicken Caesar Salad